

ELSA SUPPORT



My name is Ms Bond and I have recently joined Nursling Primary School and I am an ELSA (emotional literacy support assistant). For those of you who haven't heard of this before, I am someone who is here to help you with any thoughts or feelings that you might be having that may be making you worry or feel unhappy. I am a very good listener and have lots of ideas that will hopefully make things a bit easier for you, especially during this really tricky time when we are staying at home and not able to see our family and friends.

I have been an ELSA and worked with children for a long time and I'm really looking forward to meeting all of you. As this may not be possible in person, face to face, for a while, I thought it might be nice for us to have a Zoom meeting or talk on the phone.

I also have some fun activities you can complete at home too.

Just so you know some things about me...

I have three children, although two of them are adults now!

My favourite colour is purple, but I like lots of others too.

I love reading, going for walks and playing games.

One of my favourite animals is a donkey.

My favourite food is... too many to choose from, but pizza is definitely one of them.

I like to help people, which is why I enjoy my job so much, and I like to meet new

people, which is why I am looking forward to meeting all of you 😊

Hopefully this is something that we can arrange to do very soon.

Mrs Bond

If you would like to book a virtual ELSA session for you or your child, please contact the school office for an appointment time.